

# \$52.5M in projected GLP-1 savings.

9am  
Health

How 9amHealth designed smarter GLP-1 strategies for two Fortune 100 companies.

## Broad program access

OPEN TO ALL



### Weight loss:

With GLP-1s: -10% | No GLP-1s: -4%

Avg. weight loss over 6 months: 4k members

## Strict program access

CLINICALLY TARGETED



### Weight loss:

With GLP-1s: -11.7% | No GLP-1s: -9.6%

Avg. weight loss over 6 months: 600 members



\$45.9M

Cost avoidance

\$6.6M

Medical savings

GLP-1 prescribing cut by more than half.



29.4%

9amHealth programs

vs.



70%

Community standard

Virtual care drives higher engagement—and greater weight loss.



Engaged members lost an average of

22lbs over 6 months



10.8% Weight loss

With dietitian visits

vs.



6.8% Weight loss

Skipping dietitian visits

Download full case study:

[9am.link/casestudy](https://9am.link/casestudy)

## Take control of GLP-1 spend with 9amHealth



From prescription to clinical program—all in one solution



Lifestyle support that drives engagement and outcomes



Up to 70% lower GLP-1 costs with manufacturer-direct pricing

Get a strategy designed for your team:

[Schedule a Discovery Call](#)